

Monday 18<sup>th</sup> March 2024.

As we are all aware, the situation in the Holy Land has not improved, with failed negotiations, increasing humanitarian distress and a rising death toll. Confident that God always hears our prayers, together, let us pray a prayer from the Holy Father for peace in the Holy Land.

Let us pray with one heart and one soul.

Lord come to our aid, grant us peace, teach us peace, guide our steps in the way of peace.

Open our eyes and our hearts and give us the courage to say:

‘Never again war.’

Lord Hear Us.

May the weapons be stopped: they will never lead to peace, and may the conflict not widen.

Let the wounded be rescued immediately, let civilians be protected, let far more humanitarian aid be allowed to reach that stricken population.

May the hostages be freed, including the elderly and children. Every human being, Christian, Jewish, Muslim, of any people or religion, every human being is sacred, is precious in the eyes of God and has the right to live in peace.

Let us not lose hope: let us pray and work tirelessly so that the sense of humanity may prevail over hardness of heart.”

In Jesus’ name.

Amen

**“He will redeem them from oppression and violence, for their lives are precious to Him.”**



# Good Shepherd Lenten Appeal



Who will win the glitterball?

Who will out tango their competitors?

Who will have a disaster with fake tan?

You will only be able to view and vote if your form class raises £20 or more for Good Shepherd!

Time is running out so get fundraising and collecting!

# Tuesday 19<sup>th</sup> March 2024

# Today is the Feast Day of St

This painting, by Bartolome Murillo, depicts Joseph, Jesus and Mary- the Holy Family.

Joseph chose to protect Mary and trust God completely. He was the foster-father of Christ. Soon after Christ was born, St. Joseph had to lead Jesus and Mary into the deserts of Egypt to escape the wrath of a jealous King Herod.

St. Joseph had a royal ancestor in David, yet worked with his hands his whole life. He was a tradesman, a carpenter who lived in a small town that few people ever heard of. He lived his whole life not being noticed, but it didn't matter because Jesus and Mary were always with him and he was serving God .



St Joseph

Pray for us, help us to respect, love and care for each other in our family . Help us to be understanding and forgiving towards each other.

Help us to trust God and his plan for us, just as you did.

Most of all St Joseph, bring us closer to Jesus. St Joseph, please pray for our family. Amen.

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# Fasting for Lent?

Wednesday  
20<sup>th</sup> March  
2024

Lord, during Lent and the days beyond  
help us to fast from unkind words and **feast on kindness**.  
Help us to fast from jealousy and **feast on offering compliments**.

Lord help us to fast from getting angry and **feast on being patient**.  
Help us to fast from judging others and **feast on what makes them  
special**.

Help us to fast from complaining and **feast on gratitude**.  
Lord help us to fast from greediness and **feast on giving**.

Lord help us to fast from worry and **feast on trusting You**.

Amen

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# Thursday 21<sup>st</sup> March 2024

As we journey towards Holy Week, let us reflect on the questions we asked ourselves on Ash Wednesday, the beginning of Lent.

Where have we failed to love?

Do we judge other people unfairly?

Do we fail to forgive others but expect forgiveness?

Remember, Lent offers us an opportunity to make a new start and move closer to God.

What one action could you take today that will bring you closer to your neighbour and therefore, God?

Jesus, today, help us to love others as you have loved us.

Amen



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Friday 22<sup>nd</sup> March 2024

Let us pray

During Lent,  
please help me and guide me  
Lord,  
to become the person  
you know I can be. Help me to  
show love in every action and  
word and become the  
change that I  
want to see in our  
community and world.

Amen



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