

St Bede's Catholic High School Spring Term Newsletter 2023

Edition 3 10th February 2023



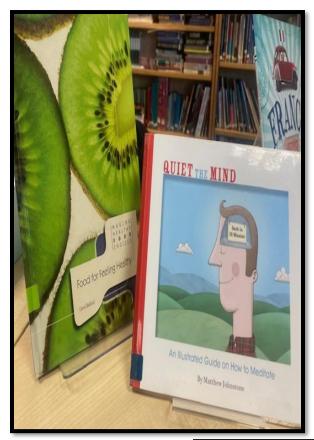
Enjoy a look at some of our highlights from this half term

We are ending our week with an major focus on the Mental Health of young people...



We started our week with quiet reading in the library, here are some of our suggestions for wellbeing books to read.

Quiet reading time is every Tuesday lunch time.









Focus on Mental Health

Mental Health Week



Year 7 How can we support Mental Health?

Some of our Year 7 pupils discussed mental health and how we can support this in and out of school.

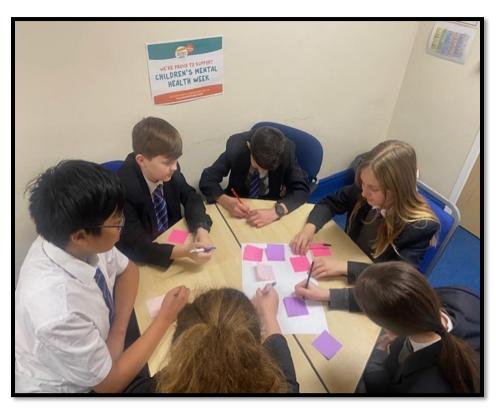






Mental Health Thoughts and Feelings

Some more of our Year 7 pupils discussed thoughts and feelings regarding mental health.





This is just the start of us making more awareness of mental health around school.







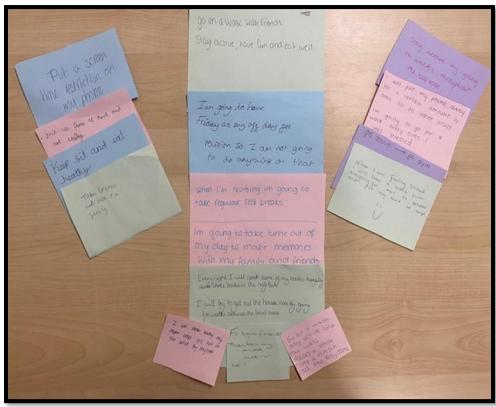


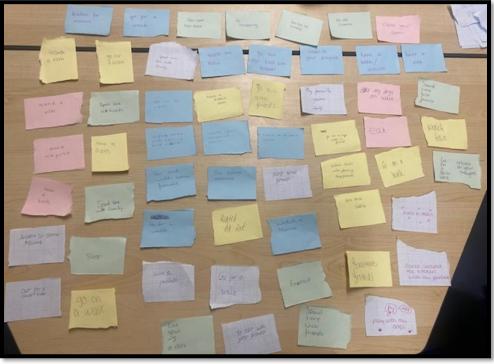
Mental Health Awareness



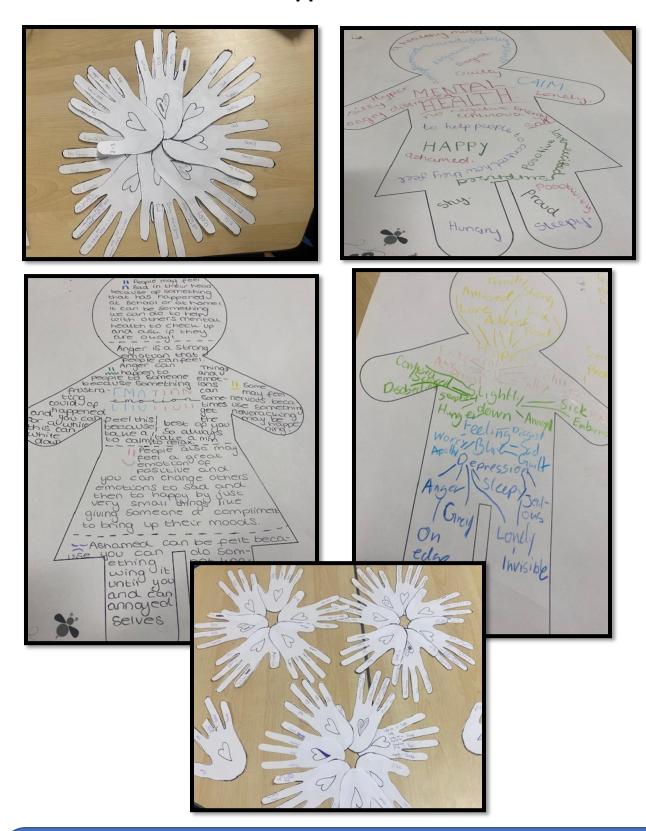
Flash Cards can be used for more than just revision!

Year 11 – Have been working on Self Care flash cards. Remember you need to take time out or you will burn out.





In form time we have been sharing positive words and highlighting our support networks.





Form Time Support Networks









Words to raise our mood



Excited to have access to the Yogi Group in the coming weeks

We are delighted to announce that we will be working with The Yogi Group within school for Yoga, Resilience and Mindfulness.

Check them out on www.theyogigroup.com



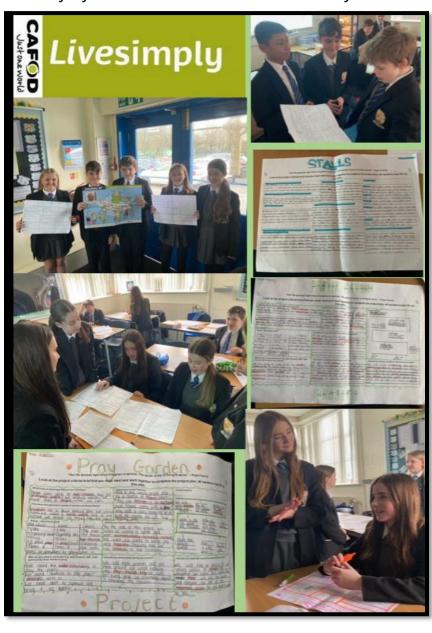


Year 11 Revision Starting Monday 20th February 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Music	GCSE Chemistry	History	GCSE Physics	Geography
8.30-9.00	Rm 27	Drop In	Exam question drop in	Drop In	Mrs. Turpin @
		Mrs Jones	Mrs Roberts	Mr Morgan	7:30am onwards
		Rm 19	Mrs Daulby	Rm 19	open to all
					geographers
Lunch	English Intervention	GCSE ART	English/Drama/Media	Religious Education	GCSE ART
	(Invitation only)	N8/N9	Room 12	Intervention Group	N8/N9
				(invitation only)	
	MFL		Geography		
	N4	Maths	Mrs. Reynolds' drop-in	Combined Science	
	C	Drop-in with Mrs	session (all pupils)	Physics – Room 9	
	Geography	Scott – all pupils	N10	CCCE ADT	
	Mrs. Clare's drop-in	welcome to ask	CCCE ART	GCSE ART	
	session (all pupils) N11	about any topic Room 3	GCSE ART N8/N9	N8/N9	
	INII	KOOIII S	INO/INS	MFL	
				N3/N4/N5	
				113/114/113	
After school	PE GCSE	Religious Education	English/Drama/Media	Separate Science	Religious Education
	PDA/RLL/GGR/GCR	Room 1	Intervention (Invitation	Physics – Room 9	Room 1
	LRC		only) - Room 12		(Repeated session)
				Maths	
	Computer Science		GCSE ART	Mr Gillon	
	By request only.	Geography	N8/N9	Room 2	
	N2	Mrs. Reynolds'			
	Design Technology –	Intervention	English Literature	GCSE ART	
	DT 1 and DT3 – Mr	(invitation only on	Room 7	N8/N9	
	Gibson.	selected dates) -			
		Room N10	Geography	Music	
			Mrs. Clare's	Rm 27	
		GCSE ART	Intervention (invitation	51. 5 45	
	Biology	N8/N9	only on selected dates)	Biology Rm 10	
	Mr Caygill R13	Music	N11	15 may sign up shoot	
	KIS	Rm 27	Design Technology –	15 max, sign up sheet on door. Starts 09.02	
		Nill 27	DT 1 and DT3 – Mr	on door. 3tarts 05.02	
		MFL	Gibson.		
		N4/N5			
		History	Food and Nutrition -		
		Intervention group	DT 1/DT 2		
		- invitation only	Mrs Wainright.		
		Mrs Roberts and			
		Mrs Daulby			

Year 7 – Live Simply Award

Year 7 students started this term exploring the beautiful encyclical, 'Laudato Si', written by Pope Francis. In this special letter, addressed to the global community, Pope Francis calls us all to take care of our 'Common Home'. Inspired by these words, the students have been planning service projects in response to their calling to be stewards of God's creation. They have now completed the first stages of the service-learning cycle from initial research to development planning and are now ready to put their plans into action. Students voted for the projects that they felt had the best chance of supporting the school's journey towards the Live Simple Award. We will be sharing the Live Simply projects with the school community after half-term, and we hope that Year 7 students will be supported in their mission to live simply, in solidarity and sustainably by the entire St Bede's community.



Catholic Life and Religious Education



This term, Year 8 students have been learning about the Sacrament of Confirmation in the hope that they will respond to this special calling. Students have had the opportunity to reflect on the story of Pentecost and how they can fully embrace the gifts of the Holy Spirit. Students visited the Confirmation sign-up website, Liverpool Called, and designed posters to encourage other young people to sign-up and respond to God's calling. We will continue to encourage Year 8 students, who are baptised Catholics, to complete the registration process and we hope that we have a significant number of young people who choose to take the next step on the sacramental journey. The parish preparations and ceremony will take place during the Autumn term 2023 when students will be in Year 9.

To register for Confirmation, please visit https://www.liverpoolcalled.co.uk/. Registration will close on 6th March 2023.



Catholic Life and Religious Education



Sporting achievements



Congratulations to Charlie Williams (Year 10) who was crowned District Table Tennis Champion at the recent West Lancs Schools Tournament. Lucas Hogan was also fantastic! He finished runner up in the Year 9 tournament. A huge well done to both pupils!



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Chaplaincy News

Jacinta Brown

Turkish and Syrian Earthquake.



Over the coming weeks, St Bede's will be supporting our sisters and brothers who have been affected by the catastrophic earthquake in Turkey and Syria. Please join us, supporting through prayer, and if you feel you are in a position to do so, through CAFOD's emergency appeal https://cafod.org.uk/

https://cafod.org.uk/?form=syriaturkeyearthquake

Lord, we mourn the death and destruction in

Turkey and Syria

and we pray for those who have died.

May their souls rest in peace.

May their families be comforted.

We pray for the living survivors.

Be with them, Lord, in this traumatic time.

May they experience Your healing,

In their spirits as well as their bodies.

We pray for the communities affected.

We ask You, Lord to inspire and work through the International community so they might

come together in solidarity to assist, support, rebuild and to affirm new life Amid the ancient stones.

B †

Chaplaincy News

Jacinta Brown

St Bede's Liturgy Group -How can we use our faith to respond to the news?

Our wonderful St Bede's Liturgy group continues to grow. Initially a group of four pupils, the breakfast group has grown to thirteen! They meet from 8.30am-9.15am every Tuesday and often during breaktimes, too.

Each week they meet to discuss a current affairs issue and reflect upon how they might use scripture and Catholic Social Teaching to respond to it. They then set about preparing media resources with audio, creating wonderful Collective worship resources which they send out to every form class. Form teachers then share these presentations with each class.

The topics which the young people have discussed through a faith lens are wide ranging and incredibly thought provoking.

They include:

As a young Catholic how might I respond to Strike action by the worker?
As a young Catholic how might I respond to ongoing conflict and war?
As a Young Catholic how might I respond to the Public Order Bill?
How does my faith help me understand what good leadership should look like?

These young people are remarkable. Their proactive commitment to collective worship both in terms of preparation, participation and their desire to be provoke thought sets the most wonderful example for others to see and follow.

They are certainly accepting the invitation from Pope Francis.....

Dear young people,

Please, do not be bystanders in life. Get involved! Jesus was not a bystander. He got involved. Don't stand aloof, but immerse yourselves in the reality of life, as Jesus did. Above all, in one way or another, fight for the common good, serve the poor, be protagonists of the revolution of charity and service, capable of resisting...consumerism and superficial individualism."

Pope Francis Christus Vivit

B †

Chaplaincy News

Jacinta Brown

St Bede's and St Vincent De Paul collaboration.

We are delighted and blessed to be able to work closely with our wonderful St Vincent De Paul parish group. Over the last couple of years, it was the impact of Covid which increased the need for assistance to those in our community who were struggling. This year, the cost of living crisis has dramatically increased the necessity for this support. Indeed, many families who in the past would have generously supported foodbanks and charities are now feeling the impact of the cost of living crisis themselves.

The St Vincent de Paul is a Catholic voluntary organisation which is dedicated to tackling poverty and disadvantage by providing direct practical assistance to anyone in need.

We are blessed to have an active St Vincent de Paul group in St Anne's Parish who we work closely with to support struggling families and individuals in a variety of ways. This term they have been exceptionally kind and supportive offering financial and practical assistance to families in our schools. We would like to take this opportunity to sincerely thank them for their wonderful generosity. It has made a genuine difference to these families.

Should you require support of any kind or wish to find out more about the work of the St Vincent de Paul society please email e.brown@sbchs.co.uk

Confidentiality and discretion is an essential element of the SVP's work, so all assistance and support is absolutely confidential.



LSGLA Laudato Si – Student Leadership

Laudato SI Global Student Leadership Award Challenge

Six pupils from year 10 were awarded certificates for the LSGSLA challenge programme. The students attended after school sessions exploring various aspects of leadership and sustainable development. The leadership sessions explored types of leadership, the strengths and weaknesses of leadership, how to deal with situations in an assertive way, how to influence and persuade others and how to act as a leader in a team. The pupils also received presentations by Mr. Morgan and Mr. Lloyd on various approaches to leadership in education and sport. The pupils also explored the 17 United Nations sustainable development goals and ways in which they could lead and promote sustainable living. At the presentation evening the year 10 pupils explained what they had learned to promote sustainable living. The quality of presentations was very high and inspiring to those who attended.

Congratulations to the following bore achieving the LSGSLA challenge:

Nicolas Krol Thomas Pereira Grace Lamont Flynn Sinclair Joe Mills Liv Fallon





Cop 27 Climate Change Student Conference 2023

On Thursday the 26th of January, six students from Saint Bede's took part in a climate change conference that mirrors the COP 27 conference in Egypt. The students represented the countries of Senegal and the European Union. The pupils had to prepare an opening statement which answered the following three questions. Is sufficient progress being made by all countries on their emission targets? Is your country willing to do more, even to go beyond the current national target for reducing emissions? How far are you willing to cooperate with other countries on creating sustainable cities, energy, forest and food and to help raise global ambitions in these areas?

The pupils represented their adopted countries maturely with knowledge and intelligence. They were able to ask questions and challenge other countries and in turn respond to questions and answers put by the other delegates. The whole event was a fantastic example of young people's voice on climate change. The adult delegates who attended were impressed by the passion, maturity and intelligence of the pupil delegates. We hope to follow up the mock COP 27 with the project looking at sustainable clothing focusing on the great clothes swap.

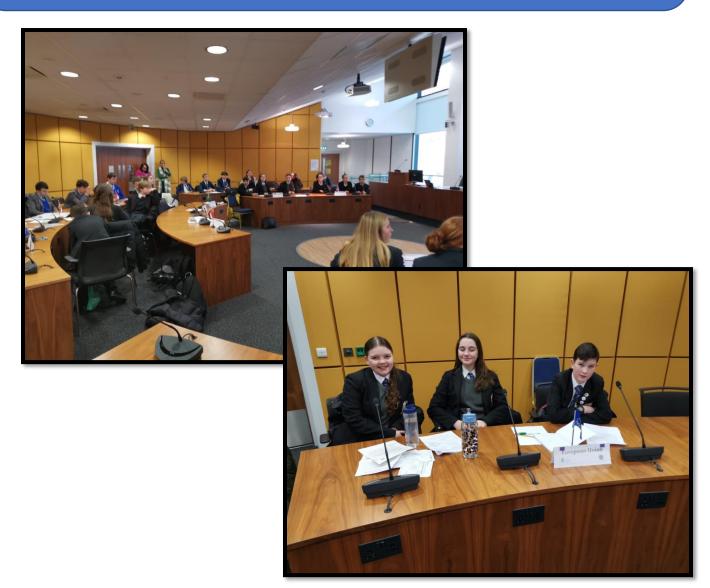
"This was a mock UN climate conference. We and many other schools were chosen to represent countries and nations, this then led to our prepared speeches and then we had a debate with the other countries. Soon after we had a short break to rest, discuss, and research key ideas. We then split up into groups to discuss key subjects such as forests, oceans, cities, and energy. Soon afterwards we discussed our ideas with each other then we listened to a panel of people who help the environment locally and asked questions. Finally, we reflected on this conference."

"I found the experience fascinating and found out lots of ways to help become more sustainable." Erin Year 9





COP 27 Climate Change Student Conference 2023



The conference reached some of the local online media.



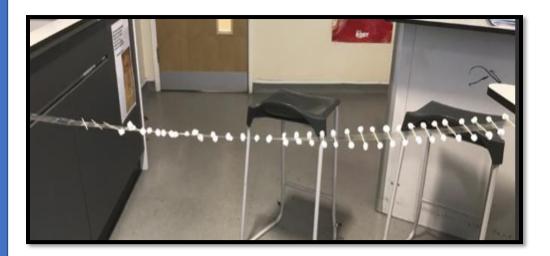
Whilst learning about Renewable Energy Resources, Lucy Hudson in Year 7 brought some resources from home about materials used within the wind turbine industry. Lucy took on the role of teacher and bravely presented to the class about what the materials were and how they were used. The class were able to touch and feel the products and it helped bring our lesson to life, thank you Lucy!

Lucy teaches Science





Making wave machines to help show the transfer of energy not matter, by Connor Hampton, Lucy and Chloe, Alice and Beatrice.



Year 10 Making Waves



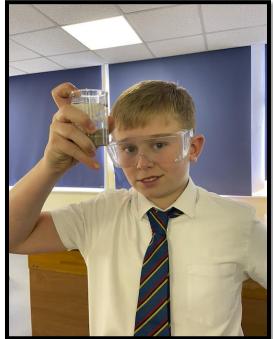




Year 7
Energy in
our World

Modelling Volcanoes







We're incredibly proud of Ava Redmond in Year 7 who will be travelling to Montreal, Cananda to complete in the World Irish Dancing Championships in April. Ava recently came 2nd in the Northwest Region which qualified her to take part in the Championships in Canada. There will be over 6000 dancers participating in the competition, but we have every faith that Ava will do incredibly well. Good luck Ava, we're all rooting for you!

Lacey Lane in Year 7 along with her sidekick, a French bulldog named Bailey, produced a fantastic result at Sandbach Dog Trials a couple of weeks ago. Lacey and Bailey ran a clear round and as a result both were awarded this beautiful rosette. Well done to both Lacey and Bailey, we look forward to hearing about more of your successes together!



Pupil Success



On Friday 3rd February 2023 our Year 9 pupils took part in our annual Financial Awareness Day.

The pupils were divided up into teams and faced with the tough challenge of designing and organising their very own school prom. Pupils had to choose the venue, catering, decorations and even the entertainment all whilst sticking to their £4000 budget - but there was a catch !! Throughout the day pupils chose envelopes at random - for some this meant extra money to spend but for others money was taken away causing them to quickly rethink their budget!

VEAR 9 FINANCIAL AWARENESS

& MONEY MANAGEMENT

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Je bedes Cortholic High School 2025 Prom Swereday 18th Time 6:00m-10:00pm



Financial Awareness Day





Financial Awareness Day

The aim of the day was for pupils to work together and for them to plan and budget in order to create their perfect prom celebration - throughout the morning pupils were set the challenge of researching key financial topics and then went head to head in our annual financial quiz.

A big congratulations to everybody who took part but especially to our three groups of winners who we will be announcing soon

An added thank you to all of the student teachers from Edge Hill who assisted our teams throughout the day.



Would you like to strengthen your CV?

Wigan & West Lancashire

Catholic School Direct

We are delighted to be able to offer Maths, Physics, Chemistry, Computing and Languages undergraduates the opportunity to earn £900 in June / July 2023 on the Department for Education Internship Scheme to learn about teaching at a secondary level.

Wigan and West Lancashire Catholic School Direct is now taking applications for our Teaching Internships Programme for Summer 2023.

The aim of the programme is to enable undergraduates studying for a degree in a STEM or MFL related degree the opportunity to experience teaching.

Internships are available in Maths, Physics, Chemistry, MFL and Computing and give you the chance to spend time in a secondary school before committing to teaching as a career. This might be the start of a fantastic career for you with follow-up support for applying to teacher training if you decide it is the career for you.

The programme is part of the Get into Teaching service, supporting prospective teachers throughout their journey into the profession.

If you are interested in applying or would like more information visit our website www.catholicsd.org.uk/internships for more information or to start your application.

Train to teach















Our Lady Queen of Peace Catholic En







The programme:

- . Will run towards the end of the academic year and will last for three weeks (dates to be confirmed)
- Will offer structured activities to gain a deep experience of teaching, with access to one-to-one mentors, and
- Will support you with an application for teaching if you decide it is the career for you.

All interns joining the programme will receive:

- . An induction to the programme and our partnership
- . Initial safeguarding training
- . Subject Specific development opportunities
- . High quality mentoring
- . Opportunities to team teach
- . Wider opportunities in the life of the school
- . An enhanced DBS certificate
- . £300 per week of the programme

Applications are open now Closing date 24th March 2023

Start a Teaching Internship this summer. Apply today.



Having faith in our children's future.

enquiries@catholicsd.org.uk www.catholicsd.org.uk



St Edmund Arrowsmith Catholic High School Rookery Avenue Ashton in Makerfield WN49PF

Tel: 01942 760130





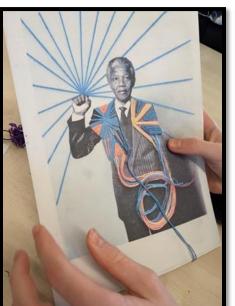


GCSE Photography

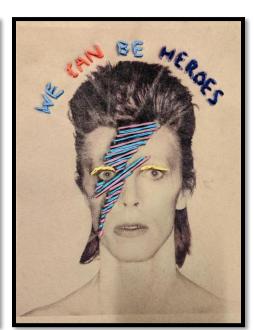
Year 10 photography have been looking at the artist Victoria Villasana who stitches onto photographs. We were fortunate to have received a very generous donation of roller blind fabric from Eckersley's blinds in Southport, who believe in reducing their carbon footprint and helping the community where they can.

Year 10 have been able to print a copy of the artist's work onto roller blind fabric and then embroider into it.

The class have taken portraits of each other and themselves, printed them out in black and white onto fabric and embroidered into them in the same way that the artist does.

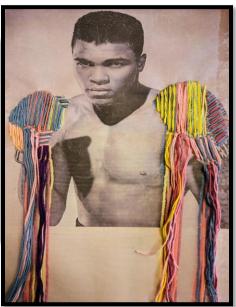












Year 7 have produced some fantastic continuous line insects' drawings, complementing their front covers. **Fabulous Work for Year** MRI-I agree with the proportion. That MWJ: It's content, it toks

Year 8 have been working hard on their clay cakes. This week we have been painting them.



Year 8 Art



Art club have been creating monochromatic ballerinas inspired by the artist Edgar Degas, who often painted dancers.

The KS3 students mixed different shades of the same colour and then painted and layered the dark, mid and light tones to create their finished pieces.

They all enjoyed the process, and we love how bright and eyecatching the final result is.





Lunchtime Art Club









B + t

More from Art

KS3 Art & Photography Clubs





KS4 Art & Photography Club

Tuesday, Wednesday and Thursday afterschool. Tuesday & Friday Lunch.

Reflection Jars – Why reflection jar's?

This term within our Pastoral sessions, we have given time to reflect and focus on the things that are important within our lives. As we know, life can fly by and we don't utilise our time as best we can. The pupils have been paying close attention to the 10 most important things they feel are personally important to them, but also reflecting on the reasons why. These sessions have given us time to explore why these are important and to also remember how not to take these things for granted, to make time for themselves and for others.

Reflection Jars















Reflection Jars





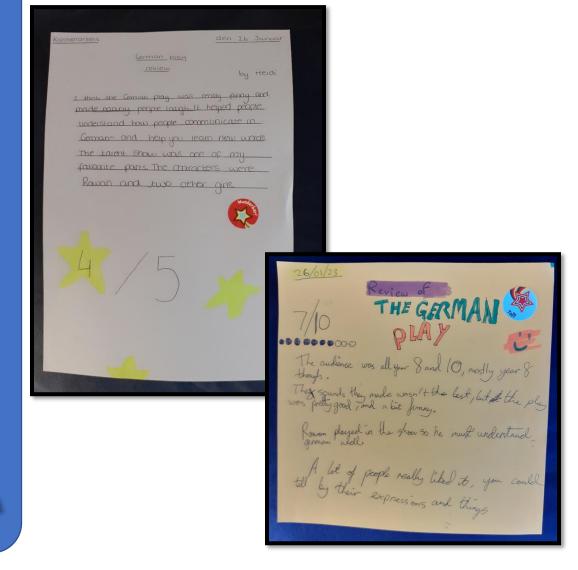
Year 8 and 10 enjoyed a visit from Onatti Theater Productions



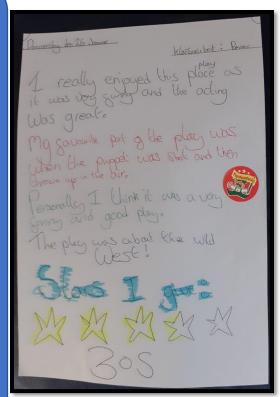
News from MFL

It truly was a fantastic event and Rowan Mawtus, who was the star of the show!

Have a read of some of the fantastic reviews:



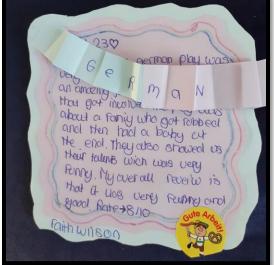




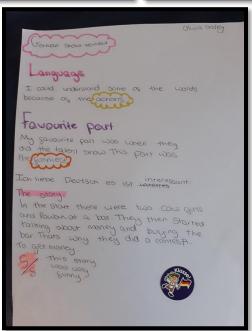


News from MFL









Year 7 Linguatrivia Quiz:

Our Year 7 pupils have all participated in the annual quiz this week – pupils will find out who is the winner in our assembly after half term! Could it be you?



News from MFL

@stbedesormskirkmfl





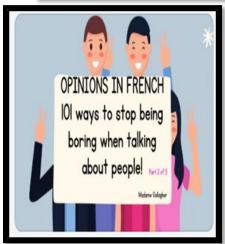
Calling all our pupils who study a language!

Keep checking your emails and shared folder of videos with voice recordings created by Mrs Gallagher. These videos cover a range of topic areas, cultural aspects of the language and also grammar. They can be used as support with aspects of your learning, or for extra challenge and extension, if you feel like learning a new aspect of the language!

The most recent additions include short sessions on how to be less boring when giving opinions in French!

News from MFL







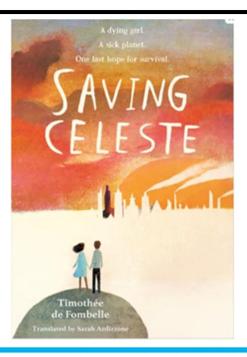




Literacy in Languages

Our book of the month for February

News from MFL



Saving Celeste - the new novella by current French author Timothée de Fombelle.

A dying girl. A sick planet. One last hope to survive.

The world is run by industry and the only thing that matters is to buy, buy, buy. People live in crowded cities, cars stacked vertically, shopping centres running for miles into the sky. Celeste lives in Tower 330 shrouded by a fog of fumes. On the day she starts school on the 110th floor of a tower block, she meets a lonely, young boy. The next day she doesn't return. Her blood has become as polluted as the seas and rivers. Her lungs as contaminated as the city. On a mission to save her, the boy battles the forces of industry and takes her far, far away. Will the world realise the truth of Celeste's disease? Will there be time for her, and the planet, to recover?

Borrow this gripping tale from the LRC!

Languages at the heart of learning

















Literacy matters in MFL



Language Ambassadors

If you would like to be a Language Ambassador, please chat to your subject teacher about the kinds of events and activities they are involved in and the level of commitment required.



News from MFL

Italian Club

Every Thursday lunchtime with Mrs Gallagher and Miss Ferries in N3. New pupils always welcome.







Extra-Curricular Tennis





Running 400km for Joel's Bar

Starting on January 1st, finishing on Easter Sunday I've set myself the challenge of running 400km. I'm doing this to raise money for Joel's Bar, which is a Catholic conference for young adults. The conference starts on Easter Sunday and provides a week-long opportunity for young adults to encounter God in a profound way and grow their faith.

As part of my running challenge, I've already completed the Stockport 10K, and I'll be running the Chester 10K and Liverpool Half-Marathon later in March. I've already run around 150km so far, so I'm well into my challenge.

We are trying to run an event that is affordable for students and young adults, as we are all painfully aware of the current cost of living crisis. This will include being able to offer bursary tickets, and discounted places. This is why I'm appealing to your generosity, if you are in a financial position to do so, I'd really appreciate your support and donations.

You can find out more info about the "why", and see my daily Strava progress updates on my justgiving page.

https://justgiving.com/fundraising/michaeloakleyjb2023

You can also find out more about Joel's Bar, and CELEBRATE (our parent organisation) below, or if you search "joelsbar" and "celebratetrust" on instagram. Celebrate is an organisation with a mission for forming families in faith, inspiring and equipping all generations with the tools to live a life for God. I'd really encourage anyone interested to check them out!

https://www.joelsbar.co.uk/ https://www.celebratetrust.org/

Thanks for your support! Mr Oakley Mr Oakley sets himself a mega challenge for Charity

