

	BARRA SA					#0#		ē				TUPIN R. CAUR		
Week 1	Cereals containing Gluten	Celery	Crustaceans	Fish	Eggs	Peanuts	Soya	Milk	Nuts	Mustard	Sesame	Lupin	Molluscs	Sulphur Dioxide and sulphites
Pasta Bolognaise	WHEAT													
Garlic Bread	WHEAT													
Katsu Curry	WHEAT													+
Falafel	WHEAT													
Chicken Pie	WHEAT													
Pork Ribsteak	WHEAT													
Cheese Pie	WHEAT													
Salt & Pepper Chicken	WHEAT													
Shepherds Pie	BARLEY/ WHEAT													
Vegan Shepherds Pie	BARLEY/ WHEAT													
Swedish Meatballs														
Battered Chicken	WHEAT													
Brioche Roll	WHEAT										MAY			
Halloumi	WHEAT													
Fish & Chips	WHEAT													
Chicken Balti	WHEAT													
Veg Balti	WHEAT													
Naan Bread	MUEAT													
Noodles	WHEAT										CECARAE OU			
Gravy	WHEAT BARLEY/ WHEAT										SESAME OIL			
Rice	DAKLET/ WHEAT													