

Allergen Form

	Nuts	Peanuts	Eggs	Milk	Fish	Crustacea	Molluscs	Cereals containing gluten	Celery	Lupin	Mustard	Sesame seeds	Soya	Sulphur dioxide	Date checked and who by	Date checked and who by
						Prawns, Crab, Lobster, etc	e.g. - clams, mussels, whelks, oysters, snails and squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
<b>Week 3</b>																
Basil Sauce																
Battered Cod					✓			Wheat								
Breaded Butter Chicken				✓				Wheat	✓							
BBQ Pork Ribsteak				✓				Wheat					✓			
Chicken Balti				✓				Wheat			✓					
Chicken Combo				✓				Wheat	✓							
Chicken Pasta				✓				Wheat								
Chicken and Veg Chow Mein				✓				Wheat				✓	✓			
Cous Cous								Wheat								
Fishcakes			✓	✓	✓			Wheat								
Flat Bread with Veg and Feta				✓				Wheat								
Garlic Bread			✓	✓				Wheat					✓			
Hot Dog with Chilli				✓				Wheat								
Lasagne				✓				Wheat			✓					
Meat and Potato Pie			✓	✓				Wheat/Barley	✓		✓		✓			
Meatballs				✓				Wheat					✓			
Nan Bread				✓				Wheat					✓			
Onion Gravy								Wheat/Barley					✓			
Pasta								Wheat								
Potato Longboats with Mac Cheese			✓	✓				Wheat								
Quorn Sausage Hot Dog			✓	✓				Wheat								
Rice																
Salmon Wrap			✓		✓			Wheat								
Vegetable Lasagne				✓				Wheat			✓					
Vegetarian Gravy								Wheat/Barley					✓			
<b>Action</b>	Allergens will be updated when products are changed or recipes are amended															