

Allergen Form

	Nuts	Peanuts	Eggs	Milk	Fish	Crustacea	Molluscs	Cereals containing gluten	Celery	Lupin	Mustard	Sesame seeds	Soya	Sulphur dioxide	Date checked and who by	Date checked and who by
						Prawns, Crab, Lobster, etc	e.g. - clams, mussels, whelks, oysters, snails and squid	Wheat, Rye, Barley, Spelt, Oats, Kamut								
Week 1																
BBQ Sauce								Wheat					✓			
Battered Cod					✓			Wheat								
Breaded Chicken Goujons								Wheat	✓							
Chicken Fajitas								Wheat								
Garlic Bread			✓	✓				Wheat					✓			
Chicken Korma				✓												
Mexican Chilli				✓				Wheat	✓		✓		✓			
New Potatoes				✓												
Nan Bread				✓				Wheat								
Pasta Bolognese			✓	✓				Wheat	✓		✓		✓			
Pasta Carbonara				✓				Wheat								
Quorn Bolognese			✓	✓												
Rice																
Ricotta and Spinach Ravioli			✓	✓				Wheat								
Salsa																
Steak Pie			✓	✓				Wheat/Barley	✓		✓		✓			
Sausage and Mash Dinner				✓				Wheat/Barley	✓		✓		✓			
Sausage Rolls				✓				Wheat			✓		✓	✓		
Spicy Chicken Wings																
Tortillas								Wheat								
Beans																
Potato Wedges																
Vegetable Fajitas																
Yorkshire Pudding Dinner			✓	✓				Wheat	✓		✓		✓			
Action	Allergens will be updated when products are changed or recipes are amended															