

# EMOTIONAL HEALTH AND WELLBEING PARTNERSHIP

support for children, young people and families with low level Emotional Health and Wellbeing needs.



## Coronavirus UPDATE:

Child Action Northwest and Partners are still offering therapeutic support to children and young people. Although face to face sessions are currently suspended, we continue to offer remote support using telephone or web based sessions.

**We offer a team of practitioners who can support young people in the following areas via these remote sessions:**

- Mental Health and Wellbeing
- Self-esteem and confidence
- Dealing with feelings, problem solving
- Managing worries
- Relationships
- Anxiety
- Stress
- Emotional regulation
- Bereavement support
- Loss
- Mindfulness
- Low mood
- Resilience
- Autism awareness training (Teen Life)

**Although referrals to the EHWB Partnership are usually for children of school age, remote sessions are most suitable for:**

*Young people aged 7 years and over* – Emotional Health and Wellbeing Support

*Young people 13 years and over* – Emotional Health and Wellbeing Support or Counselling

(Referrals for children aged 4-6 years can still be submitted as usual, although these referrals will initially be placed on hold, regular communication with parents or carers will take place).

**Referrals are via the Lancashire County Council Child, Family and Wellbeing Service (CFW).**

Details about the partnership, the CFW team and an electronic referral form can be found:

[www.lancashire.gov.uk/practitioners/supporting-children-and-families](http://www.lancashire.gov.uk/practitioners/supporting-children-and-families)

### USEFUL CONTACTS:

**CANW enquiries -**  
Leyland - 01772 910340

**LCC Child Family and Wellbeing Talk zone service - Text 07786 511 111**  
**Talk online:** [lancashire.gov.uk/youthzone](http://lancashire.gov.uk/youthzone)

